

SEAFOOD CITY SUPERMARKET

VALID AUGUST 2009
 THU 13 FRI 14 SAT 15 SUN 16 MON 17 TUE 18 WED 19
 Valid only at Seafood City Vallejo - Sacramento
 Union City - San Jose

THE GREAT SUMMER

At Home Ako Sa'yo

Grill n' Save!



Beef Short Rib



\$1.79
per lb.

Mula kay Lola... KALBI-KOREAN SHORT RIBS

INGREDIENTS:
 3 lbs. sliced short ribs, 1/2" thick
 2/3 cup Pamana Soy Sauce
 1/4 C. sesame seed oil
 1/3 C. water
 1/2 C. sugar
 3 cloves garlic
 2 Tbs. crushed toasted sesame seeds
 1 onion, sliced
 1 bunch scallions, sliced 3" long sections

DIRECTIONS:
 Combine soy sauce, sesame seed oil, water and sugar in a large bowl. Whisk until sugar is dissolved. Add garlic, onion and scallions and combine. Add short ribs and make sure to coat both sides with marinade. Refrigerate for at least 1/2 hour, but preferably a couple of hours. After pre-heating grill well, cook short ribs about 3-4 minutes per side on medium high.



Large! White Shrimp Head On



\$3.99
per lb.

Moonfish



99¢
per lb.

 Hereford Super Chunky Corned Beef 12 oz \$1.99 each	 Martin Purefoods Buy 1 Get 1 FREE!	 Dreyers 2 for \$6	 Lungkow 3 for 99¢	 Century Buy 2 Get 1 FREE!	 Nestle Ice Cream Assorted Flavors 1.79 Qt. \$5.99 each
 Pamana \$12.99	 Martin Purefoods 2 for \$4	 Turo Turo Gourmet \$10.99	 Vitas \$1.29		

 Chinese Eggplant 3 lbs. for 99¢	 Green Cabbage 7 for \$1	 Red Apple 79¢	 Bartlett Pear 79¢
 Banana Saba 2 for \$1	 Grapefruit 3 for 99¢	 Pineapple \$2.99	 Kiwi 4 for \$1
 Tilapia Fillet in Tray Pack \$2.99	 Seafood City Imitation Crab Stick 99¢	 Lapu Lapu Grouper \$1.99	

 Milo 79¢	 Mama's Choice 99¢	 Mama's Choice 2 for \$2.50	 Ragetti \$1.99
 Nescafe 4 for \$1	 Goldilocks \$4.99	 Maggi 89¢	
 Nescafe Buy 3 Get 1 FREE!	 Jolly Brown \$1.09	 Presto 2 for \$1	 Maggi 79¢

SPECIAL OFFER!

Beach Walk Rubber Slipper Assorted Color & Size

Favorite brand from the PHILIPPINES!



20% OFF!

Health & Beauty

Eskinol Orange Fresh Facial Wash Ice Poretherapy Facial Scrub 50 ml
\$1.99 each

Eskinol Oxygen Skin Renew Facial Wash 50 ml
\$2.39 each

Eskinol Pimple Fighting Facial Wash 50 ml
\$1.99 each

SIGN UP NOW!



HOME COOKING CLASS

LESSONS FROM OUR CHEF

Schedule of Classes: Every Saturday, 10 am at Seafood City North Hills

For a limited time, you can sign up for any of the classes for FREE. Limited slots are available so be sure to REGISTER NOW!
www.seafoodcity.com