

# Manny sneaks out for brisk workout

by ABAC CORDERO  
Philstar.com

his apartment very early in the morning, and with a tight crew went to Pan Pacific Park for a 30-minute run, including some wind sprints, shadow boxing and 1,200 crunches/sit-ups that would have made any ordinary

athlete faint. Pacquiao is already in tip-top shape for his coming fight with Ricky Hatton in Las Vegas on May 2, and his conditioning coach, Alex Ariza, had wanted him to take it easy and not over-

do things. "Alex wanted me to stay home, and skip running. He was afraid I might over-train," said Pacquiao. "Kaya nag-nakaw ako (I ended up stealing some workout). Ayaw na nila ako patakuhin talaga, sobra-sobra na daw (They didn't want me to go out and run because it's been too much)," he added.

Pacquiao said weight is not an issue even if his last fight against Oscar dela Hoya last December was at 147 pounds. He did not say how much he weighs now.

"There's no problem with the weight. I will be at 140 and 145 on the day of the fight will be fine," added Pacquiao who weighed in at 142 and climbed the ring against Dela Hoya at 148 1/2 pounds.

Pacquiao said he left his apartment at 6:30am and was done with everything after more than an hour, just enough for him to catch the 8:30am Mass at the nearby Christ the King Church.

At around noon, he welcomed a horde of friends inside his apartment, most of whom were there to take part in the "weight-loss challenge" put up by the boxer three weeks ago.

Pacquiao will close out his sparring last April 27 at the Wild Card Gym. Freddie Roach should be back in charge after



Manny Pacquiao

Philstar.com Photo by Abac Cordero

being away for three days and manning Gerry Peñalosa's corner in Puerto Rico the other night.

Pacquiao, based on the plan, will do four rounds to close his total rounds of sparring to 149, just about the same number he's done in equally big fights against Juan Manuel Marquez, David Diaz and Dela Hoya.

It's all part of the tapering off barely a week to the fight, and two months after the training began.

"We just have to maintain things. Sweat it out, go through the motion," said Pacquiao who leaves for Las Vegas in the afternoon. There's a customized bus ready to take him to Sin City but the boxer may opt to board his Lincoln Navigator for the 300-mile journey.

The formal welcome ceremony for Pacquiao in Las Vegas will take place at the MGM Grand on April 28 at 11:30am, and Hatton, training in Vegas for almost three weeks now, will take his turn at 1:30pm.

Hatton will do a very brief media workout shortly after the formalities. Friday, May 1, is the official weigh-in.

Notes: Only 56 of the 74 sur-

vivors passed the final test in Manny Pacquiao's weight-loss challenge where losing 10 percent of one's body weight in three weeks was rewarded with \$3,000 (or roughly P150,000). A total of 84 persons signed up, but 10 of them called it quits as the days went by. Mike Koncz, the boxer's Canadian adviser, was in strong contention for the \$10,000 top prize for the "biggest loser." Pacquiao stepped out of his bedroom at noon carrying the official scale, and stashed somewhere was the \$200,000 in cash that he was ready to give away... There are butterflies in the stomach of Jinkee Pacquiao, the boxer's wife. Days into the fight, she said she can feel all the pressure because she knows that Ricky Hatton is one tough cookie. "In all my husband's fights I felt this way, too. I think it's just normal. But of course I'm confident that he'd win. It's just getting scary as the fight nears. I know Ricky Hatton is strong, too," said Jinkee who will have Pacquiao's mother, Dionisia, sitting near her at ringside. It's the first time the boxer's mother came to see him fight in the US. Will she bring luck? The question remains. ■

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## Anti-cyber crime bill pushed

by CHRISTINA MENDEZ  
Philstar.com

SENATE President Juan Ponce Enrile is pushing for a bill that aims to penalize cyber criminals and hackers, including pedophiles who use the Internet to lure victims.



Senate President Juan Ponce Enrile

Enrile initiated the move to crush what he described as "an actual danger to democracy," by pushing for the immediate approval of a law penalizing cyber criminals.

"Cyber crime is an actual danger to democracy, human rights and the rule of law," Enrile said in introducing Senate Bill 3177, otherwise known as Cybercrime Prevention Act of 2009.

"It is a dangerous reality which has to be taken seriously at the highest level," he added.

Enrile explained that measures to fight and prevent cybercrime must be based on laws that fully respect civil liberties.

"It is of utmost importance that an efficient protection and prevention be developed to combat cybercrime," Enrile said.

Under the proposed measure, any person found guilty of the punishable acts enumerated in the proposed measure will be penalized with imprisonment of prison correccional or a fine of at least P100,000, but not exceeding P500,000.

Enrile's bill came even as Sen. Alan Peter Cayetano filed an other proposal seeking Congress approval that some P100 million out of the P11.3-billion supplemental budget for poll automation be set aside as reward for any person who can hack the system to be used in next year's general elections.

Cayetano said that the Commission on Elections (Comelec) could test the integrity of the poll automation by subjecting the system to hackers. Colleagues and Comelec officials met his proposal with skepticism.

In defending his bill, Enrile said the growing Internet use, which has given countless opportunities to millions of Filipinos in every conceivable field, created criminal activities that employ the computer either as an instrument, target, or a means for the commission of other illegal acts considered "within the range of cyber-crime."

"In recent years, we have witnessed how cybercrime has emerged as the latest and most complicated problem in the cyber world. Criminal activities in cyberspace are on the rise," Enrile said.

He said computers today are being misused for illegal activities like e-mail espionage, credit card fraud, spasm, and software piracy, which "not only invade our privacy but also offend our senses."

In many instances, Enrile said the computer has been utilized as instrument in the following illegal activities: financial crimes, sale of illegal or stolen articles, pornography, online gambling, crimes impinging on intellectual property rights, e-mail spoofing, forgery, cyber defamation and even cyber stalking.

The Senate chief also deplored other crimes committed against the computer itself such as illegal access or hacking, theft of information contained in electronic form, e-mail bombing, virus attacks and Internet time thefts.

He said examples of these crimes involve conduct of illegal access to the whole or any part of a computer system without proper authorization, illegal interception or interception without right made by technical means, of non-public transmission of computer data.