

VALID MARCH 2009
 THU 12 FRI 13 SAT 14 SUN 15 MON 16 TUE 17 WED 18
 Valid only at Seafood City Vallejo - Sacramento
 Union City - San Jose

Wala nang iba!
Engelbert



Pork Spare Rib
\$1.29 /lb

SEAFOOD CITY SUPERMARKET
Incredible WAYS TO SAVE for Lent

Lungkow Bean Thread 250g
2 for \$1.00

Stripe Bass
\$2.99 /lb

Chinese Eggplant
2lbs for \$1.00

Young Coconut
\$4.99 /box

Seafood Dishes

WHITE SHRIMP Head On
\$2.99 /lb

WHITE SHRIMP Headless
\$2.99 /lb

DUNGENESS Crab Cooked
\$4.99 /lb

PACIFIC SURF Cooked Shrimp Deveined, Tail on
\$9.99 /lb

Yellow Stripe Trevally
99¢ /lb

Pamana Baby Bangus (Marinated)
\$1.99 /lb

Tomi Spanish Style Sardines 155 gm
79¢ /each

RDEX Bangus (Adobo/BBQ)
\$2.99 /lb

Tasty and Convenient

Turo Turo Gourmet Ukoy
\$9.99 /box

Regent Cup Cakes 200g
\$1.99 /each

Suntropic Fruit Juices Assorted Flavors 64 oz
\$2.99 /each

Martin Purefoods Bite-Size Pork Hamonado 12oz
2 for \$5

Jelley Brown Yogurt Drink
\$3.99 /pack

CP Shrimp Delight Combo
\$3.99 /pack

Thai Thai Red Curry /Sweet and Sour 14.1oz
2 for \$5

Manco Vienna Sausage 14oz
99¢ /each

It's Veggie Fresh

Onion Red/White
3lbs for 99¢

Green Onion
5 for \$1.00

Saba Banana
2lbs for \$1.00

Kiwi
5 for \$1.00

Fruiti-licious

Pineapple
\$2.99 /each

Chiquita Banana
2lbs for \$1.00

Gala Apple
99¢ /lb

Cantaloupe
2lbs for \$1.00

Mula kay Lola
SINIGANG NA HIPON

Ingredients:
 1 kilo Shrimp
 1 big Onion (sliced)
 2 pieces Radish (sliced)
 1 bundle Kangkong (cut into 2" long)
 5 cups rice wash or water

Directions:
 Boil Tamarind in rice wash or water to soften. Pound and extract all juices and set aside. In a casserole, boil rice wash or water, Tamarind Juice, onions, tomatoes and Radish. Lower fire, add in Shrimps, Kangkong, Slaw and green long pepper. Simmer for 5 minutes. Season with salt or patis. Serve hot.

Myra-E Facial Moisturizer 60 ml (bundled with Everson Multivitamin Supplement)
\$5.99 /each

Everson Multi-Vitamin Supplement 30 tablets
\$4.79 /each

Skin White Whitening Bath Soap Assorted Scents 135 gm
\$1.99 /each

Skin White Hand & Body Lotion 200 ml
\$4.99 /each

Extract Hand & Body Lotion 180 ml
\$4.99 /each

What's New!

SEAFOOD CITY SUPERMARKET
At Home. Also Sa'yo!

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