



Hi!
Society

By **MONET LU**

Beauty with a Purpose

DURING HOLY WEEK it's customary for us Christians to do some soul searching. It's time to slow down and reflect. In such period of introspection, I often find myself basking in gratitude. No matter how hard the challenges have been for all of us, especially because of the tough economic climate, it's still a blessing that we have our family, friends and health.

For me, having good health is a priority. Our health is truly important. At any age, we should pay attention to it.

As much as possible, I try to keep healthy by observing proper diet, exercise and stress-relieving recreational activities like watching movies, socializing with friends and being around loved ones.

To boost energy, I also take vitamin supplements. You may have heard that I have developed my own beauty and supplement line called Enlighten.

It was originally meant to be a skincare beauty product but its effects are beyond that. I call it beauty with multi-purpose!

I have confidence in Enlighten because it has worked for me and many others. I believe the secret is in the Glutathione.

There was a time when my liver enzyme levels soared to almost 140. Any healthcare professional can tell you this is an abnormal number. My doctor was alarmed

with the result. He actually recommended that I undergo biopsy to find out what's wrong with my liver.

Findings later on pointed to me having a fatty liver. I was ordered to limit my fat intake, which I obeyed the best that I could.

With the help of Enlighten, I was able to "clean house," so to speak. Now my liver enzyme levels are back to normal, thank God!

As you may have read in health journals, Glutathione has the ability to sweep our liver clean because it is a major antioxidant.

Experts have been singing the praises of Glutathione for its powerful antioxidant properties.

Glutathione can detoxify our insides from pollutants and other elements that could harm our health. This major antioxidant also has the power to boost our immune system.

As a bonus, Enlighten has lightened dark areas of my body. I love that I can count on one product to address my health and beauty needs!

Whether you are for health or for vanity, the good news is you don't need to choose between the two. With Enlighten, you can have both.

The product is composed of grade A, genuine Glutathione at 500mg and fortified by other essential elements: Vitamin C, Vitamin E, Rosehips, Papaya, Alpha Lipoic Acid, and Collagen.

Enlighten not only lightens skin but it also smoothens skin texture.

If you are curious or want to try this product for yourself, please visit www.skinbymonet.com or call toll free 1-888-MAGANDA or 1-888-624-2632.

Here's to our health and beauty!

The author is a Marikina-born, award-winning celebrity beauty stylist with his own chain of salons across Southern California and Las Vegas, Nevada. Ultimately, Monet is known as an all-around artiste who produces sold-out fashion and awards shows, as well as unforgettable marketing campaigns. Monet is also the founder of the revolutionary all-natural beauty products available at www.skinbymonet.com. He supports many humanitarian efforts to include projects in his native Marikina, The Bantay Bata Foundation, and many more. To contact Monet, please visit www.monetsalon.com for more information.



Erina for Enlighten



Shiseido's Exclusive Spring gifts

NEWYORK, NY—Spring is here! Celebrate the sparkle of Spring with a Shiseido Brand purchase of \$55 or more and take home a beautiful complimentary skincare gift.

Starting March 28, visit your favorite authorized Shiseido Cosmetic Boutique to replenish your staples and be expertly matched. Make this exclusive promotion your chance to try one of Shiseido's four most popular lines.

Choose your skincare approach - The Shiseido White Lucent Collection targets clarity and brightening of dullness, dark spots and freckles; the Shiseido Elixir Superieur Collection truly capitalizes on the moisturizing and firming properties of Collagen and Elastin; the Shiseido Benefiance Collection is the ultimate in luxurious hydration and complete anti-aging; or the Shiseido The Skincare Collection (limited distribution) which combats the effects of stress and environmental factors to obtain and retain moisture in skin, so that you look good now - and in the future.

As part of our gift to you, we are including a complimentary cosmetic pouch that is exclusive to this spring promotion. The sleek, chic pouch is designed specially for this season. Along with the deluxe sample skincare set you select from one of our skincare lines, you will be fresh faced and ready for spring!

To find the store near you, please visit www.sca.shiseido.com and search with key word "Gift for You."

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Haley Blackman (Sound Engineer)

For Booking Please Contact:
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