

TRY OUR
CHICKEN INASAL
Half Chicken \$4.95* Whole Chicken \$8.95*

*This promo is available only for take-out orders at a limited time

The Best Bacolod Recipe in the Philippines is NOW in Los Angeles!
We Serve Beer & Wine

<p>CATERING PACKAGES FREE DELIVERY WITH 10 MILES</p> <p>\$695 (Good for 100 persons) 1 whole large lechon 1 large tray noodles 1 large chicken inasal or garlic chicken 1 large tray beef 1 large tray seafood 1 large tray pork 1 large tray vegetables</p> <p>FREE: 1 medium tray embutido 2 medium tray of dessert <i>(Choice / Caponata cake, Buns, or Fruit salad)</i></p>	<p>\$595 (Good for 100 persons) 1 medium tray lechon kawali 1 large tray noodles 1 large tray chicken inasal or garlic chicken 1 large tray beef 1 large tray seafood 1 large tray vegetables</p> <p>FREE: 1 medium tray embutido 1 medium tray of dessert <i>(Choice / Caponata cake, Buns, or Fruit salad)</i></p>	<p>SPECIAL OF THE WEEK ALL ENTREES SERVED WITH FRIED RICE OR STEAMED RICE, SHANGHAI EGG ROLLS & SOUP AVAILABLE 11:00 am to 5:00 pm (Tue-Fri) Only</p> <p>DINE IN • TAKE OUT EMPLOYEE'S KAYANG KAYA COMBO MEAL CHICKEN INASAL \$5.95 <i>(Our special marinated grilled chicken served with sauce)</i></p> <p>GARLIC FRIED CHICKEN \$5.95 <i>(Our special seasoned fried chicken served with garlic sauce)</i></p> <p>PAKSIW NA LECHON \$5.95 <i>(Sliced deep fried pork belly simmered in vinegar & soy sauce)</i></p> <p>CHICKEN CURRY \$5.95 <i>(Sliced chicken sauteed in garlic & onion with w/ curry sauce and dried finger chili)</i></p> <p>GRILLED TUNA BELLY \$6.50 <i>(Seasoned and grilled tender juicy tuna topped with garlic served w/ variety of Filipino dips)</i></p> <p>CRISPY PORK CHOP \$5.95 <i>(Breaded pork chop deep fried until crispy & brown served with tomato catsup)</i></p> <p>SOUP NO. 5 \$4.00 <i>(A Filipino favorite soup with beef tendon and pickles)</i></p> <p>BREAKFAST & LIGHT MERIENDA SERVED ALL DAY <i>Price, menu or schedule subject to change. Sales tax will be added.</i></p>
<p>\$345 (Good for 30 persons) 1 small tray lechon kawali 1 large tray noodles 1 large chicken inasal or garlic chicken 1 small tray beef 1 small tray pork 1 small tray seafood 1 large tray vegetables</p> <p>FREE: 1 small tray embutido 1 small tray of dessert <i>(Choice / Caponata cake, Buns, or Fruit salad)</i></p>	<p>\$195 (Good for 25 persons) 1 small tray lechon kawali 1 large tray noodles 1 large tray chicken inasal or garlic chicken 1 small tray beef or pork 1 small tray vegetables</p> <p>FREE: 1 small tray embutido 1 small tray of dessert <i>(Choice / Caponata cake, Buns, or Fruit salad)</i></p>	

KARAOKE NIGHTS MADNESS @ Kapistahan
Every Fridays & Saturdays
Hosted by **MS. JAMIE LIZA**
FREE APPETIZER FOR PARTY OF 5
NO COVER CHARGE, NO MINIMUM. Just bring your family & friends, have fun with us and enjoy our foods!

Business Hours: Tue-Sat 11am to 10pm • Sun 11am-9pm • Mon - Close
FUNCTION ROOM AVAILABLE FOR 100 PERSON • PARTY TRAYS AVAILABLE
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AJPress Photo by Miko Santos

WANTED:

Online Opportunities

Tapping the web for work prospects

by JHERLYN MENESES
AJPress

There is a non-traditional way to look for a job these days. If you consider yourself computer savvy, shy and you find it awkward to personally ask for vacancies from companies or to solicit referrals from your network of friends, online job hunting may be the best option for you.

- Here are some tips from Job-Hunt, an online job search, that will help you successfully go through the process of seeking a job online.
- Know what you want**
Identify the position you're interested in, potential employers and location of these companies. It's best if you narrow down your list so you could focus on what you really want and avoid wasting time. Online job hunting seems easy but is actually complicated for there are a lot of resources, services and information available at your fingertips.
- Choose a credible job site**
There are a lot of job sites to choose from. Be extremely careful for not all are legitimate sites. If you are not familiar with a particular site, type it in Google and see what it says. Look for any contact information to check their legitimacy. It's better to be cautious than sorry. Besides, you will be giving out most of your information so beware. There are sites that allow you to use their job search without registering. Watch out for those that don't.
- Make sure they have the jobs you want and have a privacy policy that could back up your profile. Be sure to read the entire Privacy Policy to know what they will do with your information and who has access to it. Some bogus sites simply collect information and sells it to companies that will in turn bombard you with advertisements or junk emails. To avoid this, you may consider limiting the access to your contact information. The best and legitimate sites offer an option such as this.
- Do not limit yourself to just only one site. As the saying goes, do not put all your eggs in one basket. Aside from

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Take Control of your DESTINY.

NEW REGAL HEALTH CARE TRAINING CENTER
We help you help yourself.

GET THE SKILLS to achieve a financially, rewarding, fulfilling LIFE.

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Evening & Weekend Classes Available

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- Home Health Aide

*Approved by the Bureau of Private Postsecondary and Vocational Education

- Experienced, highly qualified instructors
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- Guaranteed job placement upon completion / certification.

Congratulations to our GRADUATES!

A health care career may be the start of a financially rewarding, meaningful life

Many graduates have been trained and found regular employment. Graduating in mid-March 2009 are standing L to R: Roberto Bonquin; Jeneen Juarez; Mei Hu; Iluminada Abejero; Daryl Caballes; Yolanda Nicomedez; Lucinda Debill; Maria Sanchez; Lucero Torres; Maria Salazar; Herlinda Pasillas; Leticia Reyes and Sean Lovell Oreas. Sitting L to R: Johana Cruz; Ms. Irene Deanon, Program Director; Mr. Jesse Villalobos, Instructor; Ms. Lulu Trocino Maturan, Administrator; Pat Albanes, CPR Instructor and Patricia Lopez.

Congratulations are in order! Standing L to R: Dennis Bernal; Ammie Raines; Sergio Alva; Victor Sanchez; Ryan Smith; Leidy Herrera; Amabely Cortez and Terrence Garland. Sitting L to R: Belarmina Cortez; Ms. Mila Gonda, Instructor; Ms. Lulu Maturan, Administrator; Ms. Irene Deanon, Program Director; Leticia Manalili and Jacqueline Tejada.

Standing L to R: Lulu Trocino Maturan, Administrator; Ms. Mila Gonda, LVN, is the Director of Staff Development and Instructor and Ms. Irene May Deanon, RN, BSN is the DSD, Program Director. Combining their academic preparation and clinical experience over many years, New Regal Training Center's core of instructors has trained many students who have found their niche in the health care field.

• Central Location in Eagle Rock
1578 W. Colorado Bl. (corner Townsend) Los Angeles, CA 90041

• Easy Transportation Access
Tel: (323) 259-0438
or: (818) 645-5925
Fax: (323) 259-5750
Email: lulutrocino@hotmail.com