

British lightweight prospect thanks Pacquiao

MANILA—Fresh from a victory over the legendary Marco Antonio Barrera this weekend, popular British lightweight Amir Khan expressed gratitude to pound-for-pound star Manny Pacquiao for helping him transform into a better fighter, a sports website reported last March 16.

The 22-year-old Khan beat an aging Barrera in a lightweight fight Sunday when a cut to

Barrera's forehead rendered the Mexican unable to continue after five rounds. Khan was awarded a technical decision victory.

In an interview with PA Sport, which was posted in the UK-based website sportinglife.com, Khan acknowledged the help of new trainer Freddie Roach and his top ward Pacquiao, who had earlier sparred with him.

"When I was speaking to Manny he said that's the way to beat him

(Barrera)—and that's what we did. I spoke to him in the changing room after the fight—he was watching it in America, and he was over the moon," Khan told PA Sport writer Phil Barnett.

"It was the same way Manny beat him. He made it easy, hit him and moved, hit him and moved," the 2004 Olympic silver medalist added, referring to Pacquiao's own trashing of Barrera in October 2006.

Khan used to spar with Pacquiao in preparation for the latter's megabuck fight with Oscar de la Hoya last December. And he's willing to do it again for Pacquiao's coming junior welterweight tussle with British star Ricky Hatton in May.

"I'd love to help him, because he's a friend. We have a good chat;

we go for a run together in the mountains and stuff," he said.

Khan (20-1, 15 KOs) added that working with Pacquiao, currently considered as the world's best pound-for-pound boxer, will be one of the keys to his ascent in the lightweight ranks.

"He's the pound-for-pound best fighter in the world—and if I can handle him and spar really well against him, then it's going to take me to the next level," he said.

In Sunday's fight at the MEN Arena in Manchester, England, Barrera (65-7, 43 KOs) suffered a cut in the first round after an accidental clash of heads. Barrera, 35, a former champion in three weight divisions, looked his age as he had difficulty moving away from Khan's well-timed hooks and straights. (Philstar.com)

PMA topnotcher pays tribute to Quezon



The top 10 Philippine Military Academy cadets of Masiglahi Class 2009 led by Cadet Winston Cacanindin (red star, 2nd right, front row) Photo from goutstrickenpilgrim.blogspot.com

FORT DEL PILAR, Baguio City—In what could be a first in the 111-year-old Philippine Military Academy, the topnotcher of the graduating Masiglahi Class delivered his commencement speech entirely in Filipino last March 16.

Newly commissioned Air Force 2nd Lt. Karl Winston Cacanindin, who hails from Dipaculao, Aurora, said he decided to speak in Filipino because he wanted to pay tribute to the province's patriotic son, Commonwealth President Manuel L. Quezon, who made Filipino the national language.

"Ang pagtatapos ay simbulo ng bagong simula (Our final moments at PMA are also the symbol of our new beginning)," Cacanindin, who graduated magna cum laude in a class of 184, said in his speech.

"Kailangang tulungan ng marami ang kanilang sarili (We need to help others help themselves)," he said, adding that the PMA graduate's new role in life is to persuade others to make a small difference.

When every person can make small changes, the country greatly benefits, he said.

Giant streamers from Aurora officials and Dipaculao National High School greeted Cacanindin, who received the presidential saber, presidential leadership award and the athletic award from President Gloria Macapagal-Arroyo.

"Brains and brawn"

Ms Arroyo called Cacanindin "brains and brawn" for being the first PMA graduate to top both the academic and sports. She also congratulated Cacanindin's only sister, who topped the recent board examinations for medicine.

Cacanindin was an orator in his elementary and high school years, according to his father Fortunato, an engineer.

"He would join oratorical and essay writing contests and win them," the father said in Filipino. "He has been at the top of the class since he was in kindergarten."

"It [the speech] is very impressive," said Gov. Bellaflor Angara-Castillo, who headed the big Aurora delegation to the PMA.

Cacanindin was cheered by Castillo and his friends from high school.

"It is a very inspiring tribute to President Quezon who really emphasized the use of Filipino as our national language," she said. "May this inspire our young graduates to be proud of our language."

Grandmother's death

Even with the celebrations at the Borromeo Field here, the Cacanindins would be welcomed by the wake of Victoria Cacanindin, the topnotcher's grandmother, who died after she was told that he had topped his class.

According to relatives, the 79-year-old grandmother was prepared to sell the chickens from their poultry in anticipation of the many visitors and well-wishers. While carrying some of the chickens, she fell and hit her head, and died soon after.

"It was tragic, but let us just say my mother died of happiness," said Fortunato. Victoria will be buried on Saturday.

Relatives and supporters also brought along giant streamers bearing the faces of the graduates.

Six cadets from Cagayan were cheered by their province-mates, who brought along their own news crew. (Inquirer.net)

A HEALTHY BEAUTIFUL SMILE everytime at the

FERNANDEZ FAMILY DENTISTRY

Your search for a good family dentist is over.

WE'LL SHOW YOU WHY:

TOTAL FAMILY DENTAL CARE - Provided by a caring and friendly staff trained to provide YOU and your family with a personal touch.

YOUR COMFORT IS OUR CONCERN - Since ancient times, dentistry has been nearly synonymous with pain. Now there is new hope for the fearful. Computers and other high-tech tools are working together to make pain obsolete at the Fernandez Family Dentistry offices.

FULL SERVICE FACILITY - With our lab on premises, your family's dental needs can all be treated under one roof. Everything from Gum Treatment to Tooth Repairs, Cleaning, Bleaching, Bonding, Veneers and Dentures. Everything to make you look and feel great.

STATE OF THE ART TECHNOLOGY - Our staff is continually learning and updating their skills to provide care for your dental needs.

LOTS OF WAYS TO PAY - Everyone can afford care. Regular maintenance is not costly. We make every effort to accept most insurance plans and it's simple because we do all the paperwork for you!

EMERGENCIES - Your pain is our concern. Dental emergencies receive quick attention. We're on call 24 hours a day, 7 days a week. STOP YOUR SUFFERING NOW and call us.

Dr. Reynaldo Fernandez

Dr. Teresita Fernandez

OPEN SATURDAYS & EVENINGS

If you have questions or would like to make an appointment for you or one of your family members, then call one of the offices most convenient for you.

1131 W. San Bernardino Road COVINA (626) 967-3599 2 CONVENIENT LOCATIONS 6660 W. Sunset Blvd., Suite "K" LOS ANGELES (323) 467-5717

Dumlao expected in RP on March 19

FORMER Senior Superintendent Glenn Dumlao, one of the police officers linked to the murders of publicist Salvador "Bubby" Dacer and his driver Emmanuel Corbito, is expected to arrive from the United States on March 19, Justice Secretary Raul Gonzalez said on March 18.

Gonzalez said airport officials and agents from the National Bureau of Investigation will arrest Dumlao upon his arrival at the Ninoy Aquino International Airport on an undisclosed flight from New York.

"Dumlao will be placed under arrest. I already made arrangements with General Manager (Alfonso Cusi) of NAI. He will be detained at the NBI," Gonzalez said at a press conference.

The Justice chief said Dumlao, the former deputy chief of operations of the defunct Presidential Anti-Organized Crime Task Force (PAOCTF), would be questioned regarding the double murder and his recanting of an earlier affidavit on the case.

The first of Dumlao's three affidavits, dated June 19, 2001 revealed incriminating information against ranking officials.

But Gonzalez came out with a second affidavit in which he claimed to have been tortured into making the accusations in his first affidavit.

But in a third affidavit, Dumlao confirmed the veracity of his first affidavit.

Claro de Castro Jr., chief of the NBI's Interpol Division, and Ricardo Diaz, head of the NBI's Anti-Terrorism Division, reportedly left for the US last March 15 to fetch Dumlao.

Dumlao was arrested by Federal Bureau of Investigation agents and US marshals after the Philippine government requested his extradition along with another suspect, former Senior Superintendent Cesar Mancao II.

Dumlao was supposed to be one of the government's key witnesses in the twin killings, but he went into hiding in 2003, forcing a Philippine court to issue a warrant of arrest against him.

Several prominent personalities are expected to be implicated once Dumlao testifies.

But Gonzalez believes that the testimony of Dumlao would no longer be as strong because of his earlier recantation.

Gonzalez said they don't have information yet on the date of the extradition of Mancao.

He said he has rejected a request from the family of Mancao to allow media coverage of his arrival from the US. He said he would only allow a lawyer or relative of Mancao to accompany him from the airport. (Philstar.com)

One Hour Glasses & Contacts

without the "One Hour Price"

Thousands of Beautiful Frames To Choose From

15 PAIRS FRESHLOOK COLOR CONTACTS \$75

2 PAIRS DURAISOFT 2 OPAGUE COLORED LENSES \$159

FRESHLOOK COLOR COLLECTION 15 PAIRS \$225

BREATHABLE CONTACT LENSES AIR OPTIX \$229

GLASSES FRAME AND LENSES \$59*

SAVE \$25* DESIGNER & FASHION FRAMES

ALL UNION GROUPS, INSURANCE PLANS & MEDI-CAL WELCOME!

LA PUENTE OPTOMETRY CENTER

DR. ANDREW G. CHONG, O.D. & Associates

1541 N. Hacienda Blvd. La Puente West Co. Ca

Hours: Mon. & Thurs. 9AM to 7PM, Tues, Wed. & Thurs. 9AM to 5PM, SAT. 10AM to 5PM

626-918-2020

CHINO OPTOMETRY CENTER

DR. JOHN T. JU, O.D. & Associates

11840 Central Ave., Chino

Hours: Mon. & Tues. 9AM to 7PM, Tues. & Thurs. 9AM to 5PM, Sat. 9AM to 5PM

909-628-5581

Emphasizing Soft Contacts For: Astigmatism • Bifocal • Presbyopia (24-Hr) • Contact Proliferation • Gas Permeable • Color Lenses • Disposable Lenses

GENERAL PRACTICE: Eye Examinations • Accurate Prescriptions • Computerized Equipment • Children Care • Glaucoma Testing • Therapeutic Certified

Service, Quality, Courtesy & Value

Experience the Royal Pampering

Reverse Aging, Control Acne, Designed for Men and Women

Maharlika FACIAL

50% OFF

Our treatment program includes:

- Microdermabrasion | Chemical Peel
- Advanced Glycolics | Intensive Acne Care
- Vitamin/Oxygen Infusion | Eyelash Extension
- Permanent Makeup
- Eye Brows | Lip Liner | Eye Liner
- Protein/Vitamin Complex | Enzyme Treatment
- Accupressure | Full Body Massage
- Ultra-Sonic-C Infusion
- Non-Surgical Lift
- Face Lift | Eyelids Lift | Chin Lift

Gandi SKIN CARE

GANDI VILLAREAL
Licensed Aesthetician

GLENDALE: 1250 Glendale Avenue, Ste. A Glendale, CA 91205 818.638.8769

ORANGE COUNTY: 520 Brookhurst Street, Ste. 124 Anaheim, CA 92801 714.758.9809

Proud Sponsor

DIVAS 4 DIVAS

KUH

ZSA ZSA

POPS

REGINE

MARCH 28, 2009 • SATURDAY • 7:30 PM
PASADENA CIVIC AUDITORIUM