

VALID MARCH 2009
 THU 12 FRI 13 SAT 14 SUN 15 MON 16 TUE 17 WED 18
 Valid only at Seafood City West Covina - Carson
 Panorama - Vermont - Eagle Rock - Cerritos - North Hills

Wala nang iba!
Engali



Pork Spare Rib
\$1.29 /lb



SEAFOOD CITY SUPERMARKET
Incredible WAYS TO SAVE for Lent

Lungkow Bean Thread
 250g
2 for \$1.00



Stripe Bass
\$2.99 /lb



Chinese Eggplant
2lbs for \$1.00



Young Coconut
\$4.99 /box



Seafood Dishes

WHITE SHRIMP Head On
\$2.99 /lb

WHITE SHRIMP Headless
\$2.99 /lb

DUNGENESS Crab Cooked
\$4.99 /lb

PACIFIC SURF Cooked Shrimp Deveined, Tail on
\$9.99 /lb

Yellow Stripe Trevally
99¢ /lb



Pamana Baby Bangus (Marinated)
\$1.99 /lb



Tomi Spanish Style Sardines 155 gm
79¢ /each



RDEX Bangus (Adobo/BBQ)
\$2.99 /lb



Tasty and Convenient

Turo Turo Gourmet Ukoy
\$9.99 /box



Regent Cup Cakes 200g
\$1.99 /each



Suntropic Fruit Juices Assorted Flavors 64 oz
\$2.99 /each



Martin Purefoods Bite-Size Pork Hamorato 12oz
2 for \$5



Jelley Brown Yogurt Drink
\$3.99 /pack



CP Shrimp Delight Combo
\$3.99 /pack



Thai Thai Red Curry /Sweet and Sour 14.1oz
2 for \$5



Manco Vienna Sausage 14oz
99¢ /each



It's Veggie Fresh

Onion Red/White
3lbs for 99¢

Saba Banana
2lbs for \$1.00

Green Onion
5 for \$1.00

Orange
2lbs for \$1.00

Grape fruit
2 for \$1.00



Chiquita Banana
2lbs for \$1.00



Fuji Apple
2lbs for \$1.00



Cantaloupe
2lbs for \$1.00



Mula kay Lola

SINIGANG NA HIPON
Ingredients:
 1 kilo Shrimp
 1 big Onion (sliced)
 2 pieces Radish (sliced)
 1 bundle Kangkong (cut into 2" long)
 5 cups rice wash or water
Directions:
 Boil Tamarind in rice wash or water to soften. Pound and extract all juices and set aside. In a casserole, boil rice wash or water. Tamarind juice, onions, tomatoes and Radish. Lower five, add in Shrimps, Kangkong, Sitaw and green long pepper. Simmer for 5 minutes. Season with salt or patis. Serve hot.



Myra-E Facial Moisturizer 60 ml (bundled with Enervon Multivitamin Supplement)
\$5.99 /each



Enervon Multi-Vitamin Supplement 30 tablets
\$4.79 /each



Skin White Whitening Bath Soap Assorted Scents 135 gm
\$1.99 /each



Skin White Hand & Body Lotion 200 ml
\$4.99 /each



Extract Hand & Body Lotion 180 ml
\$4.99 /each



What's New!

SEAFOOD CITY SUPERMARKET
At Home Ako Sa'yo!

GENERAL OFFICE General Office 2883 Surrey St. Panama (909) 525-9500	WEBSITE www.seafoodcity.com	SEAFOOD CITY 138 S. Vermont Ave. Los Angeles (213) 365-9100	SEAFOOD CITY 131 Carson St. West Covina (310) 834-9700	SEAFOOD CITY 1525 Anar Road West Covina (626) 965-4863	LOS ANGELES SeafoodCity 8231 Woodman Ave. Panorama City (818) 994-5553	SEAFOOD CITY 2780 Colorado Blvd. Eagle Rock (323) 543-2660	SEAFOOD CITY 17203 Norwalk Blvd. Cerritos (562) 207-4421	SEAFOOD CITY 18170 Northhoff St. North Hills (818) 321-4159
NEVADA SeafoodCity 3890 S. Maryland Parkway Las Vegas (702) 851-0021	MARILIA SEAFOOD 2220 E. Plaza Blvd. National City (619) 267-5353	SAN DIEGO SeafoodCity 1420 E. Plaza Blvd. National City (619) 477-6080	SEAFOOD CITY 1340 3rd Avenue Chula Vista (619) 422-7800	SEAFOOD CITY 8955 Mira Mesa Blvd. San Diego (858) 549-0200	NORTHERN CALIFORNIA SeafoodCity 3495 Sonoma Blvd. Vallejo (707) 654-1972	SEAFOOD CITY 6051 Mack Road Sacramento (916) 393-8900	SEAFOOD CITY 31840 Alvarado Blvd. Union City (510) 429-8739	SEAFOOD CITY 3065 McKee Road San Jose (408) 240-0980

We reserve the right to terminate the site access without prior notice. We also reserve the right to replace items with products of approximate value. No checks. From good while supplies last. Price void with any other coupon or promo. Prices may change without prior notice.