

Say Goodbye to wrinkles and fine lines around the eyes

OUR EYES show the first visible signs of aging when we start to get old. Many people spend sleepless nights when these signs appear for the first time. Some common symptoms that appear around the eyes are eye bags, fine lines, dark circles, crow's feet etc. If you are also getting irritated by these aging signs, don't feel anxious. There are some effective methods to get rid of these fine lines and wrinkles that come free of cost. Want to know what they are? Well, here's the list to your aid:

Stop squinting – Many people often use this common facial expression. What they fail to realize is that this causes fine lines to appear around the eyes. So, avoid the habit of squinting at any cost.

Have adequate sleep – Your skin will age quickly if you are stressed and have inadequate sleep. So, try to have enough sleep on a regular basis. Doctors recommend at least 7 to 8 hours of sleep every day for an adult. Apart from keeping your skin fresh, having enough sleep will also be beneficial for your health.

Control your intake of alcohol and reduce smoking – Your skin will be ruined if you don't control the consumption of alcohol and reduce smoking. As these two habits cause the growth of free radicals inside your body, extreme damage to your skin will be done unless you either stop or control these two habits.

Shun the sun – As the ultraviolet rays of the sun produces free radicals, it is necessary that you protect your skin from getting exposed to these harmful rays. Use sunglasses of good quality to shield your eyes from the sun. Use a wide spectrum sun screen with high SPF (sun protection factor) and dab it on your skin in generous amounts at least 30 minutes before stepping outside of your house. You can even use some additional protective gears like an umbrella or a wide rimmed hat to keep your skin protected from the rays of the sun.

Apply a natural moisturizer – Use a moisturizer that has some natural ingredients like shea butter, manuka honey, grape seed oil, macadamia oil, etc. These ingredients keep your skin hydrated and are loaded with anti aging properties. Application of a natural moisturizer will also give a shimmering look to your skin.

Use anti wrinkle eye cream having natural ingredients – Using chemically engineered eye creams can be dangerous as they will be harsh on your skin. Moreover, as the skin around the eyes is very delicate, it should be treated with products that have natural components and not those packed with artificial chemicals. So, use natural anti wrinkle eye creams that consist of some natural components like Coenzyme Q10, Haloxyl etc instead of the harmful artificial components. Such natural creams will play a major role in reducing the dark circles and wrinkles around the eyes.

So, use these simple methods to say goodbye to fine lines and wrinkles around the eyes.



Before



After

The best part of this deal – these methods should be combined with Anti-Aging treatment of LaVon Skin Care.

“LaVon Skin Care Anti-Aging Treatment” helps you to:

- clear wrinkles and blemishes
- rejuvenate your skin
- look younger
- lifted and firmed up face
- hide any sign of skin deterioration due to sun damage or aging

Skin needs both collagen and elastin to achieve youthful, ageless beauty. Elastin is a protein in your skin that holds it firmly in place. By teenage years, your body has produced most of the elastin your skin will ever have. It is the loss of elastin that is directly related to the formation of wrinkles.

Many anti-aging treatments claim to build collagen, but without restoring elastin, your face will lack the support it needs for firm, youthful-looking skin.

Using a breakthrough technology that helps decrease wrinkles and increase skin firmness., LaVon Skin Care will help your skin achieve that firm and youthful look that is ageless beauty.

This is not possible without Cecil Danganan's hard work and focus. Her treatments feel like they were made and customized for every client.

LaVon SkinCare is a group of highly qualified licensed esthetician headed and owned by Cecil Danganan who completed numerous post graduate courses from International Dermal Institute, International Academy of Health and skin care. Cecil also recieved a lot of advanced individual training courses.

LaVon Skin Care has two locations to serve you one in Carson and one in Cerritos: 22010 S. Avalon Blvd. Carson, Ca 90745 and 17150 Norwalk Blvd. Ste. 105 Cerritos, CA 90703. They offer state of the art services at affordable prices. For more services call 562-402-SKIN (7546) or 562-213-6322, and 310-518-SKIN (7546).



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Tel.: 323.467.5096
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