

Fil-Am gets a kick out of it

The Ultimate Fighter – Philippe Nover

by JOSEPH PIMENTEL / AJPress



Galing Pinoy showcases the triumph of the Filipino spirit—the Filipino's innate perseverance to rise above. A double entendre, **Galing Pinoy** literally translates to both coming from (or brought to you by) the Filipino and Filipino ingenuity.



between him and his parents. "When I got my degree as a nurse, especially because my mom wanted me to finish school, she really had to accept my life as a fighter. For anybody that reads this, my advice to anyone is you can finish school first and pursue your dreams at the same time...you don't have to put education on the side."

The dual life is working out pretty well for Nover. He splits his time working as a nurse and trains for fights during his time off.

He said at first he was going to work as a nurse full time and focus on "one or two fights a year" but since he was chosen as one of the contestants in this season's TUF show, Nover's been "full-time fighter, part time nurse."

Nover knows that winning the reality-based contest is his ticket to living out his dream. The TUF show has been a stepping stone for many current UFC fighters.

But first he not only has to survive on a weekly basis against fighters from around the world vying for a chance to join the UFC, he also has to put up with living in a maniacal frat house setting with those same fighters

► PAGE A7

FIL-AM Philippe Nover is a walking contradiction. During the day he works as a registered nurse at a New York hospital emergency room healing and taking care of the sick and wounded, but at night he moonlights as a professional mixed martial arts fighter, pummeling and beating people to submission. "A lot of people say it doesn't make any sense to them," said Nover

to The Asian Journal. "For me it makes so much sense. I have a perfect balance of two totally opposite philosophies—how to heal someone and how to hurt someone."

Nover is a contestant in this season's The Ultimate Fighter (TUF), a reality based contest on the Spike network that pits professional mixed martial art-

ists (MMA) around the world a chance for a \$100,000 contract to join the Ultimate Fighting Championship (UFC) organization.

The 24-year-old, 155-pound Brooklyn native has already won two of his preliminary lightweight division fights on the show. Most recently, in episode eight of the reality show, Nover planted a rear naked choke hold that made highly regarded MMA fighter Dave Kaplan submit before proclaiming himself as the "toughest RN in the world."

Nover sports an undefeated 5-0-1 professional MMA record. After the win against Kaplan, UFC President Dana White hailed Nover as the next IUF Middleweight Champion! George St. Pierre, indicative of Nover's tenacious fighting style.

If it still doesn't make sense how a man can be a practicing nurse at the same time as he beats people up for a living, Nover explains his incongruous life.

He is the son of a Filipina mom from Manila and a Polish father from New York. He grew up in

Brooklyn, a place where he admits is not the safest area in the world.

Nover said his mother advocated for him to learn self-defense tactics. He took up karate and taekwon do starting at the age of five. By the age of nine, he started training with Ralph Mitchell, a renowned instructor at the Universal Defense System.

He continued his training by participating in a number of karate tournaments, but when it came time to step inside the ring, his parents disapproved.

When Nover was 16, he snuck out of his home to participate in his first kickboxing match at a Russian nightclub.

"When I came home, my mom was like 'I know what you did,'" Nover recalls. "I told her 'I'm sorry. This is what I love to do'... She had to accept it. The biggest thing is she doesn't want me getting hurt and she also doesn't want me to hurt anyone but it's part of the game."

Most importantly, his mother wanted him to pursue an education.

"They told me I can pursue anything that I want as long as I have an education," he said. "I followed my dad's footsteps into nursing, and I thought it was the best thing to do. All my Filipino friends were getting into nursing so I was like why not? It's a great profession, it's a wholesome profession, and it's also a selfless profession because you're really helping other people. You definitely get a good feeling from it. Coming home from a day's work you know you really did your best to help someone."

Nover loved the study of nursing so much that at one point he thought about quitting his life as a professional fighter to become a full time RN.

"But I said to myself 'why can't I do both?'" said Nover.

"That was the deal," he added



REN International
Since 1981
Cargo & Travel

Send 3 \$55
Send 1 FREE

MOVING BACK HOME?
Returning Residents
Automobile Shipments
Commercial Shipments (FCL, LCL)
25 days to Manila (From Sailing Date)

LOW AIRFARES Accredited by IATAN
INTERNATIONAL & DOMESTIC

1-888-REN-2693
7 3 6

LOS ANGELES **LAS VEGAS**
310-549-6926 702-991-1864
rensvcs@aol.com

GLORIA FLORENDO
Attorney at Law
Licensed in California and Nevada

BANKRUPTCY:
Chapter 7 & 13

- Foreclosures
- Collections
- Medical Bills
- Tax Liens
- Credit Card Debts
- Vehicle Repossessions

IMMIGRATION:

- Family Petitions
- Adjustment of Status
- Consular Processing
- Work Visas
- Labor Certification—PERM
- Removal Proceedings
- Naturalization

1625 The Alameda Ste., 710 San Jose, CA 95126
Tel. 408.971.9054

2770 S. Maryland Parkway, Ste 410, Las Vegas, NV 89109
Tel. 702.737.0569 or 702.237.0520

Debt Relief Attorney
Email: gloriaflorendo@sbcglobal.net

The Pahrump, Nevada Option!

The "Land Rush" in Las Vegas brought very rewarding returns to many foresighted investors-

Don't miss your opportunity in the current rush to own a piece of Pahrump, Nevada!

Fely A. Quitevis
CEO, Founder, Broker
775-513-8447 - DL
(Las Vegas? ... We can help you too!)

Affordable, sound investment plans for the big and small investors!
Homes, Commercial & Industrial Properties
Vacant Land, Residential/Commercial Parcels
Large, Undeveloped Raw Lands

Instalment Terms on land purchases available!

PAHRUMP, NEVADA: "The Opportunity Community"

- * A Boomtown- The fastest growing town in the US today!
(As featured in The Wall Street Journal, June 3, 2004 Edition)
- * Just 45 minutes away from Las Vegas- the most visited destination in the country today!
- * Three-and-a-half hours from the "alpha world city" of Los Angeles, California!

Call Us TODAY!!!

Jess "Bisaya" Acapulco
Sales Associate - California
DL: 818-399-3208

Philippe & Janice Quitevis
Realtors

L. Russ Bateman
Training Director

PRECIOUS PROPERTIES
www.precious-properties.com

775-727-5255 Main Office: 2090 S Highway 160, Pahrump, NV 89048
888-844-3359 Branch Office: 18606 Tibetan Ct., Santa Clarita, CA 91351
Phone: (661) 250-8781

HEART CENTER OF NEVADA

"Our patients are our highest priority, with each patient receiving the personal attention and compassion they deserve."

MISSION
To provide the highest quality of comprehensive cardiology services with respect and compassion for all our patients.

Excellence in Cardiology
Welcome to Heart Center of Nevada. As a leader of cardiovascular care in Southern Nevada, rest assured that you will receive only the highest quality of care. Our diagnostic capabilities, technologies and experience compliments our commitment to excellence in cardiology. Our patients are our highest priority, with each patient receiving the personal attention and compassion they deserve. We offer the latest in cardiovascular care:

STRESS TESTING
Treadmill Stress Test
Stress Echocardiography
Pharmacologic Stress Echocardiography
Mobile Echocardiography

NUCLEAR CARDIOLOGY
Rest/Exercise SPECT Myoview
Dipyridamol SPECT Myoview
Dobutamine SPECT Myoview
MUGA Scan

ECHOCARDIOGRAPHY
2D, Spectral and Color Doppler Echocardiography
Transesophageal Echocardiography

ARRHYTHMIA DETECTION
Signal Averaged ECG
Holter Monitor
Event Monitor
Pacemaker/Defibrillator Analysis

INVASIVE CARDIOLOGY

GROUP PHYSICIANS
Sohail Anjum, MD, FACC
Dost Wattoo, MD, FACC
Moniz Dawood, MD, FACC
Yogarajah Balarajan, MD
Muhammad Bhatti, MD
Carlos Emanuel, MD, FACC, FSCAI
Mark Taylor, MD
Leonard Parilak, MD
Anil Fotedar, MD
Nikolaos Tsiouris, MD
Khalid Chaudhry, MD
James A. Lally, MD

Convenient Locations

700 Shadow Lane #240 (Near Valley Hospital)
702-384-0022

1815 E. Lake Mead #110 (Near Lake Mead Hospital)
702-642-9010

9290 W. Sunset Rd. #329 Las Vegas, NV 89148
702-387-0022

Salvador G. Borromeo, M.D., FACC

4275 S. Burnham Ave. #370 (Near Desert Springs Hospital)
702-732-0022

10001 S. Eastern #403 (Near St. Rose Hospital)
702-260-0022

6650 N. Durango Drive, Ste. 218 Las Vegas, NV 89149
702-433-0022

Joey Aquino, M.D.

All locations are open Monday-Friday 8:00a.m.-5:00 p.m.

www.heartcenterofnv.com