

**IMMIGRANT LIVING:
101 AND BEYOND**



MONETTE ADEVA MAGLAYA

Making time for the things that matter

“Carpe diem! Siese the day!”
— Horace

FOR a steadily increasing number of people who are intent on finding meaning in life—time has eclipsed money in importance. In America, as in anywhere else on earth where time is equated with money, there is a tendency to trade each hour for the relentless pursuit of the trappings of an economically successful life. What we do has become what we are. And yet, the truth of the matter is that not all our hours are billable.

For immigrant parents with younger children, one of the best things to give of yourself is having more free, unscheduled, unencumbered time with them so that you can make yourself available to them, without having to put them on schedule as though accommodating them in your already crowded appoint-

ment book.

In the eighties and nineties of the past century, the idea of “quality time” meant that since there was only a limited amount of time to spend with children, a busy parent “squeezed” as much as could be squeezed out of spending an hour or two or an afternoon with his children once in a great while. While spending limited quality time was definitely better than being an absentee parent altogether, there is still no substitute for spending real “quantity time” with children, even if it means merely hanging out with them.

There is a vast array of things that children are offered to learn outside of school—activities that by themselves are intended to prime and prepare them for success in their adult lives, to make them more intelli-

gent, more artistic, more poised with greater self-esteem, more athletic and basically more well-rounded supposedly to be able to compete in the real world. The focus of these activities is on the future rather than the present moment. Try not to rob them of the joy of the moment in the name of the future.

Well-meaning but basically misguided immigrant parents tend to overcompensate and stretch themselves to give their children the advantage they themselves did not have. Some push their children onto too many activities to give them an edge for the outside world at some future date. As promising as these activities may seem, one needs to achieve a sense of balance and understand if the tendency to do so is a personal response to a sense of insecur-

ity. It could be that parents are merely sublimating their inadequacies and imposing these on the lives of their own children. It is not necessary to enlist children in each and every activity that promises to give them an edge.

Spending real time with children and kicking back can yield even more tangible results in improved relationships and a better quality of family life.

Nota Bene: My views are my own and do not necessarily reflect the views of AJPI. I encourage you to read my book, “The Complete Success Guide for the Immigrant Life: How to Survive, How to Thrive, How to be Fully Alive.” If you have very little time to read, browse through “The Immigrant’s Little Quote Book for Success.” Your local public library might have these books available or you can request your librarian to purchase copies. These are also available at amazon.com or immigrantsuccess.com Past articles are on the internet at www.asianjournal.com To ask questions, send feedback and requests, e-mail monetteamaglaya@sbcglobal.net or monette.maglaya@asianjournalinc.com.

The Voice of FilAmerica

Political empowerment is still a treasure that eludes us as a community here in America. While we are the second largest Asian American community in the United States, we have yet to harvest the power that comes from our numbers. The Voice of FilAmerica features elected and appointed officials—regardless of political affiliation—in the different US states who are of Filipino ancestry. As your Filipino American community newspaper, the Asian Journal recognizes the fact that we all have a responsibility towards bringing political empowerment to fruition, especially for our future generations. It is our hope to have our voices heard all over America.

MARK PULIDO

A Passion for Service

by JOSEPH PIMENTEL
AJPress

FILAM Mark Pulido, President of the ABC Unified School District Board of Education, unsuccessfully ran for a Cerritos Councilmember seat earlier this year when former Councilman John Crawley, who resigned due to health reasons, vacated it.

Despite losing the Cerritos City Council Special Election by a reported 700 votes to Planning Commissioner Carol Chen, the 39-year-old FilAm makes no qualms about running for the same post in the 2009 elections.



Mark Pulido

Currently, Pulido, a 36-year Cerritos resident, is serving his second four-year term on the school board. Pulido works for the California Legislature as the District Director for State Senator Alan Lowenthal. He graduated from UCLA with a BA in History and Asian American Studies and served as UCLA Student Body President. He also holds a Master of Public Policy degree from The University of Chicago.

He spoke with the Asian Journal about his recent campaign, the importance of serving the community, what keeps him going, and why FilAms need to start being more involved in the political scene.

AJ: Your resume is flawless. You’ve displayed leadership in all areas of your life from college to now as the President of ABC school district. How did you get started?
MP: I actually got started

in 1984. I was a sophomore. I helped found an organization called Club Kaibigan, a Filipino club in Whitney High School in Cerritos. A lot of the motivations for that high school club were my parents. They were heavily involved in many Filipino organizations stemming from the early 1960’s like the Filipino Technical Professional Society, which predates many Filipino organizations.

It was the way I was raised. I remember growing up and attending family gatherings and my parent’s Filipino organizations... I was motivated early on to organize in high school. I cite that is what got the ball rolling for me. I saw the power of what coming together can do for a community, that literal bayanihan spirit.

That experience got me involved in student government and athletics so when I started

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THE FILIPINO SURVIVAL KIT



LIZA LEGASPI

THIS week’s topic is about dating. I received a letter asking for advice with regards to dating: How can one tell if a guy is serious about a relationship or is just interested in having fun?

Hard question, and it indeed got me thinking. The answer is—you won’t know. However, there are pitfalls that you can avoid:

- After a few months of dating, he’s/she’s pressuring you to do things that you do not want to do.
- He’s/she’s interested to know

how much savings you have in your bank account or how much you make. He/she is more interested in your money.

- He/she only spends time with you when it’s convenient.
- He/she does not take you to meet his/her friends, co-workers or family.
- He’s/she’s not consistent. Calls you or visits you occasionally only.
- He/she constantly argues with you when you express your opinion.

• Does not want to tell you his/her whereabouts. Does not involve you in his/her affairs.

- You catch him/her lying.

My advice is to meet or date someone who was referred to you by a trusted source. Do not go out with strangers and fall on the trap of trusting someone after a few dates only. This holds

true for friends or boyfriends/girlfriends. Do not be afraid to lose the person just because you do not give in to their wishes. A true friend will understand and will wait for your decision at your own pace or time.

Take it easy and do not feel bad. If in case this person does not understand you, you will find someone who will. Just be patient. Remember to also pray for guidance. I’ve always told myself that if everything fails, I will ask God to show me the way. Sometimes, we don’t like the answer but most of the time He has great reasons. We just need to give it our utmost attention when the answer is not the one we want.

Do not be sad. Actually, you should be happy because He’s saving you from committing a mistake.

I hope this week’s article is

able to help everyone from age 20 to 70 or older who is seeking to date.

Next week’s article is about keeping your relationship interesting and fun even if you’ve been married or have dated for over four or five years. For those interested on a topic, please email me at lizlegaspi@yahoo.com. I’ll be waiting. Please keep smiling. Life is good.

Liza Legaspi is an experienced marketer both in the Philippines and the US. She has been focusing on diversity groups for over 20 years. Liza is currently employed by a well-known Asian advertising agency. She has a wide range of experience in marketing consumer products and services.

The items listed are mere suggestions and no guarantees that it will work for you. The tips provided worked for me and I am not making any promises nor will I be liable for any outcome.

Dante Raul ‘DR’ Teodoro

Among Twenty Outstanding Filipino’s Abroad (TOFA)

WASHINGTON, DC— Dante Raul “DR” Teodoro, Chief Executive Officer of JUNO Investment and Management, Inc. (JIMI) and President of JUNO Healthcare Staffing Group of Companies, was among 20 prominent Filipino high achievers that were feted and inducted in the Twenty Outstanding Filipinos Abroad (TOFA) for 2008. The 15th annual event was a three-day affair held in Washington DC on September 11-13, 2008. During an event at the Philippine Embassy, Philippine Ambassador Willy C. Gaa congratulated the awardees, saying that “the TOFA awards affirm the achievements of our fellow kababayans and acknowledges the dedication of each to their respective fields.”

Under JIMI, DR Teodoro directs the operations of JUNO Healthcare Staffing Group of Companies with subsidiary offices in New York, New Jersey, Connecticut, Arizona, California (San Diego and Los Angeles), along with JUNO Media Production Creatives in New York, JUNO Review Center in California, JUNO Call Center in Manila and Foundation for God’s Glory. JUNO Healthcare Staffing Systems Inc. (New York) was selected by Entrepreneur Magazine as one of the Hot 100 fastest-growing new businesses in the US for 2008. JUNO Healthcare Registry, Inc. of Los Angeles, California has earned The Joint Commission’s Gold Seal of Approval.

DR Teodoro is an alumnus of Wharton School of the University of Pennsylvania having completed the Advanced Management Program (WAM ’08). He is also in his second year at Harvard Business School Executive Education, Owner/President Management Program (OPM 39) and will be graduating in March 2010.

Last year, DR Teodoro was inducted into the Chicago Filipino American Hall of Fame Class of 2007 for Humanitarian Leadership. He is a member of the Circle of Leaders amongst the Filipino community in the US and has also received the 2007 Chancery Leadership Award and Most Outstanding Chapter Chancellor from University of the Philippines Alpha Phi Beta Chancery. In 2004, he established the Foundation for God’s Glory, a private operating foundation, implementing three programs in the Philippines: scholarship, hunger alleviation and disaster relief.

(Advertising Supplement)



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With more than 21 years of skilled advocacy and experienced representation, the firm has obtained significant million dollar recoveries for injured consumers, policyholders and employees.

Backed by a solid track record, the law firm has consistently fought for the rights of Filipinos and their families seeking justice against big businesses, insurance companies and employers.

Law Offices of
C. JOE SAYAS, JR.

Tel. No. 818.291.0088

www.joesayaslaw.com

700 N. Central Avenue, Suite 235
Glendale, CA 91203

Our attorneys’ accomplishments have been recognized by The Los Angeles Daily Journal, Million Dollar Advocates Forum, and various community organizations.

Your inquiries are welcome and at no cost to you.